using System;

using System.Collections.Generic;

using System.Linq;

using System.Text;

using System.Threading.Tasks;

namespace \_6ta\_zadacha

{

class Program

{

static void Main(string[] args)

{

var n = int.Parse(Console.ReadLine());

var m = int.Parse(Console.ReadLine());

var controleNumber = int.Parse(Console.ReadLine());

var sum = 0;

var counter = 0;

for (int firstNumber = 1; firstNumber <= n; firstNumber++)

{

for (int secondNumber = m; secondNumber >= 1; secondNumber--)

{

sum += firstNumber \* 2 + secondNumber \* 3;

counter++;

if (sum >= controleNumber)

{

break;

}

}

if (sum >= controleNumber)

{

break;

}

}

Console.WriteLine($"{counter} moves");

if (sum >= controleNumber)

{

Console.WriteLine($"Score: {sum} >= {controleNumber}");

}

}

}

}